## ROCKLAND CHAPTER

## SoulCollage® as a Clinical and Personal Development Tool

by Cynthia Shaw, MA, LMHC

DATE: Sunday, December 4, 2016

**LOCATION:** \*Romano Student Center at St. Thomas Aquinas College Route 340, Sparkill, NY

\*Please note we will be in the Romano Center, not in McNelis Commons

## SCHEDULE:

8:45-9:45am Board Meeting 10:00-11:30am Presentation 11:30-12:30pm Discussion and light meal

## **DESCRIPTION:**

This will be an experiential workshop where Ms. Shaw will lead participants in making a SoulCollage® card and in having a discussion as to how this method can be used to deepen clients' work as well as be used by the clinician in their own personal work.

Cynthia Shaw, MA, LMHC is a licensed psychotherapist and artist from Nyack, NY. For almost 30 years, she has been guiding people past what keeps them stuck and towards their deepest desires. She works to help people create clarity and vision for life using traditional talk therapy, mindfulness techniques, and the expressive arts. www.cynthia-shaw.com

No advanced registration is required

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Costs:

NYSSCSW Members - Free Non-members - \$20 Students & Seniors - Free

For additional information, please contact Kevin Melendy at kvmel@optonline.net